

The Wild Voice

Explore • Express • Experiment • Embody
8 to 15 June at Kalikalos Holistic Centre

The voice is the mirror of the soul: At the same time the voice has its home in the body. We will focus on becoming more aware of our bodies and the natural flow of breath and sounds within. By exploring the connections between voice, body and soul we are enabled to express what is found there. A creative combination of vocal techniques, movement and bodywork encourages participants to experiment by releasing the power of their natural voices in a safe, supportive environment.



with
Shamanic
Practitioner
Val Stagg



Val Stagg

“Val, your love for the voices shines through you and oozes out of every pore! It was a privilege to be there and share the fun and bliss of creating wild voices, the improvisations and singing in circle.”